

THE PARNELL INSTITUTE, LLC

**EMDR Basic Training: Parts 1 & 2
Transforming Trauma with EMDR
Humboldt Bay Aquatic Center – 921 Waterfront Dr, Eureka, CA**

October 19, 2018 to October 21, 2018

&

November 2, 2018 to November 4, 2018

Friday, 6:30 pm - 9:30 pm

Saturday, 9:00 am - 6:00 pm

Sunday, 9:00 am - 5:30 pm

This training is currently full.

**To get on the waitlist please email NCAMHP Education Coordinator
at educoord@ncamhp.org**

**If we get 5 more people on the waitlist we will open up registration to
a higher number of participants.**

**38 CE/CME credits -- Fee: \$1200
for Psychologists, LPCCs, MFTs, LCSWs, Nurses**

LEARN NEW TOOLS TO REPAIR ATTACHMENT TRAUMA

Eye Movement Desensitization and Reprocessing (EMDR) is a powerful therapy for healing trauma based problems. This revolutionary therapy has helped thousands recover from such traumas as war, disasters, accidents, childhood abuse, assaults, medical traumas and grief. EMDR is also used to treat the effects of smaller traumas that manifest as symptoms of anxiety, depression, phobias, low self-esteem, creative blocks and relationship difficulties. It is opening doors of the heart to genuine spiritual transformation.

This course is limited to mental-health professionals who are licensed in their state to provide treatment. Through lecture, hands-on practice, and demonstrations, participants will be shown:

- Protocols and procedures for using EMDR with a wide range of diagnostic categories
- Client selection criteria and cautions necessary for safe use of EMDR
- How to prepare clients for EMDR
- Techniques for working with blocked processing and abreactions (catharsis)
- Methods for working with dissociation
- How to use EMDR with adults traumatized as children
- Methods for developing inner resources used for interweaves, ego strengthening, and client closure

This course has been approved by the EMDR International Association (EMDRIA). In accordance with EMDRIA standards, participants wishing to complete the requirements for EMDR Basic Training must complete this course, receive ten hours of consultation from an EMDRIA-approved recommended consultant from the [Parnell Institute faculty](#), and then take a Parnell Institute Advanced Clinical Workshop and Refresher Course (Part 3).

Required reading: Parnell, L., A Therapist's Guide to EMDR: Tools and Techniques for Successful Treatment. Shapiro, F., Eye Movement Desensitization and Reprocessing.

Recommended reading: Parnell, L., Attachment-focused EMDR: Healing Relational Trauma and

Tapping In: A Step-by-step Guide to Activating Your Healing Resources through Bilateral Stimulation.

Notes:

Participants must be fully licensed in their state. It is required that participants register for EMDR Basic Training Part 1, and Part 2 at the same time.

Prior to registration, participants must submit a copy of their license in order to gain admittance to the program.

PLEASE NOTE: BY REGISTERING FOR A TRAINING, YOU ACKNOWLEDGE YOUR UNDERSTANDING THAT YOU WILL BE ASKED TO SERVE AS A CLIENT IN THE SERVICE OF EVERYONE'S LEARNING. YOU AGREE THAT YOU ARE PSYCHOLOGICALLY STABLE ENOUGH TO TAKE ON A CLIENT ROLE IN THIS SETTING, AND THAT YOU WILL DO WHAT IS NEEDED TO TAKE CARE OF YOURSELF IF ANY DISCOMFORT ARISES AS A RESULT.

In this comprehensive training, participants will learn how to use EMDR in clinical practice. This training includes lecture, small group practice, and demonstrations in a supportive environment. Because this course provides extensive time for practice, participants learn EMDR firsthand the power of this transformative therapy.

Constance Kaplan, LMFT, Parnell Institute Senior Instructor



"I have personally chosen and trained Constance Kaplan, LMFT as one of the first Parnell Institute trainers to teach for my institute. Connie is an excellent trainer bringing her many years of experience with EMDR and our attachment-focused approach, as well as her talent as a presenter to her trainings. I'm certain you will benefit greatly from Connie's wisdom,

compassion and humor and learn to use EMDR with a range of clients with skill and understanding.” - Laurel Parnell, Ph.D.

REGISTER NOW

About the Instructor

Constance Kaplan, LMFT is an EMDRIA Approved Consultant, Senior Trainer for the Parnell Institute and Co-Director of Training Trainers with Dr. Laurel Parnell at the Parnell Institute. With over 25 years of experience, she integrates Attachment-Focused EMDR, somatic modalities, and mindfulness work into a contemporary Object Relations practice designed to meet the needs of each individual client. Her work is assisted by a healing canine colleague. She provides individual and group consultation to therapists seeking EMDR Certification, Approved Consultancy and those completing their Basic Training 10 consultation hours. She is former founding President of the Board of the Trauma Resource Institute and former President of the Association for Psychoanalytic Thought of Southern California. She has served on various trauma relief teams, facilitated TRM trainings and provided onsite trainings to first responders and mental health professionals around the country.

EMDR BASIC TRAINING TESTIMONIALS Parts 1-3

(Taken from anonymous course evaluations: Seattle, San Francisco, Los Angeles, San Diego)

“Connie is a wonderful trainer. I am in awe of how much information and understanding I received in these 2 weekend trainings. Connie’s way of bringing in knowledge and explanation with humor really makes this training enjoyable and interesting. Connie is a dynamic speaker and clearly has amazing training and teaching skills. Thank you, Connie.”

“One of the finest workshops ever attended: Educational, Intelligent, Cohesive, Supportive, Nurturing, Warmth, Care, Relational!!”

“Thank you so much for your warmth, professionalism, skills, unconditional acceptance, sense of humor, compassion and humanity.”

“The weekend was full of great information. I really appreciated Connie’s sense of humor and lightheartedness. She is accessible and compassionate and brings a great understanding of EMDR to the learning process.”

“Connie is a wonderful, wise and enthusiastic trainer. Her professionalism matched her wonderful, engaging presentation which she delivered with care and compassion.”

“I loved this weekend and feel like I’m learning with more confidence and grounding in EMDR. I look forward to continuing to use these tools in my practice. Constance rocked it.”

“Connie is incredible! Inspiring, informative and fun. She truly made the information come alive and kept me interested and attentive the whole time. She held the group with support and boundaries. Loved it all.”

“The training was perfect. Connie was very clear and the cases really helped me understand EMDR. I will tell my friends about the Parnell Institute and EMDR.”

“Connie was an excellent trainer – thorough, articulate and enthusiastic. She was inclusive, had an excellent sense of humor and answered questions in a sensitive manner. Thank you!”

“Connie was excellent! Such a gem. I loved her case presentations. She has such a caring and warm demeanor. She’s very charismatic. I would love to take another class from her.”

“This is the best training I have ever taken.”

“Awesome training. Connie is so skilled. So, impressed.”