



Join your fellow NCAMHP members for dinner, networking, and continuing education
This event is for NCAMHP members only

Thursday - February 28, 2019 Winter General Meeting

Humboldt Area Foundation - 363 Indianola Road, Bayside, CA, 95524

EVENING SCHEDULE

5:30 – 6:00 p.m.	Networking
6:00 – 7:00 p.m.	General Meeting and catered dinner by Uniquely Yours Catering
7:00 – 8:00 p.m.	Presenter: Peter Moore, LMFT 23507

Topic: Somatic Psychotherapy

Somatic Psychotherapy is a vast field and, fortunately for our profession, has become a modality that has recently gained more widespread acceptance. This course will attempt to familiarize the audience with some of the rudiments of Wilhelm Reich's path from psychoanalysis to work directly on the body and energy systems of patients. Reich is considered by many to be a main founder of body psychotherapy, and is undergoing somewhat of a rehabilitation after his fraudulent persecution (don't take the Wikipedia entry as truthful!) and eventual death in prison in 1957 -- along with the outrageous burning of thousands of his books in a NY incinerator. Moore will describe what sets classically trained Reichian therapists apart from the numerous other types of body-oriented therapists. In addition, some of Reich's contributions to the practice of psychotherapy in general will be presented, such as mindfulness, as well as his work in the 1940's on what would now be called attachment and his insistence on natural childbirth. The above information will be set in the context of wider cultural issues, such as the rise of patriarchy and its contribution to the past and current array of mental, emotional, and physical distress we see in our caseload. The purpose of the course is to encourage further research and training in this field. The downside of this approach is that the practice of somatic psychotherapy requires many years of training and supervision as well as much personal therapy from a qualified practitioner.

Objectives:

At the end of the course, participants will be able to describe:

1. The concept and formation of armoring
2. The importance of brain/ocular armoring
3. The segmental concept of armoring
4. The general principle of de-armoring 'from the top down'

5. The concept of contact
6. Health from a characterological/orgonomic point of view
7. The process of how psychoanalysis led inexorably to a psychosomatic understanding of functioning
8. Risks and contraindications involved with using somatic approaches

About the presenter:

Peter Moore was a Middlesex County, St. Pauls, Oxford, and Harvard scholar, on track to be an academic in the philosophy of language. Turns of fate brought him to Santa Barbara where he became a professional bodyworker in 1982 and a licensed MFT in 1987. Moving to Humboldt in 1990 and in private practice since 1994, Moore focuses now on character analytic and somatic treatment of patients, as well as providing training and consultation. The work often involves coaching individuals on business and relationship issues. His complete CV, as well as further information can be found at www.moorewellness.com. His office number is (707) 442-7228.



CONTINUING EDUCATION:

1 hour of continuing education is offered for an additional cost of \$10.00. To receive credit, you must register and stay for the entire presentation. No refunds will be given. **Please include a check written out to NCAMHP for \$10 for the continuing education credit with your registration.**

PLEASE REGISTER AS SOON AS YOU ARE ABLE!

Pre-registration ensures that there will be adequate food and CEU certificates.

If you do not need the credit, you may email registration to educcoord@ncamhp.org

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REGISTRATION FOR February 28th, 2019 GENERAL MEETING \$10 – Continuing Education Credit

NAME and LICENSE TYPE: _____

ADDRESS: _____

PHONE: _____ EMAIL: _____

**Please mail this form to and payment to: Mandy Ask, NCAMHP Education Coordinator -
PO Box 2, Eureka CA 95502**

NCAMHP is approved by the California Psychological Association (CPA#NOR-048) to sponsor continuing professional education for psychologists in California. NCAMHP maintains responsibility for this program and its contents. This course meets the CPA requirements for 1 hour of continuing education credit.