



NORTH COAST ASSOCIATION OF MENTAL HEALTH PROFESSIONALS

invites you to our upcoming EMDR Part 3 training with the Parnell Institute, LLC

EMDR Basic Training: Part 3 Transforming Trauma with EMDR

Advanced Clinical Workshop & Refresher Course

Humboldt Bay Aquatic Center - 921 Waterfront Dr., Eureka, CA

Part 3: September 20, 2019 to September 22, 2019

Friday 1:30 pm-6:30 pm, Saturday 8:30 am-5:30 pm, Sunday 8:30 am-5:30 pm

21 CE/CME credits for Psychologists, LMHCs, MFTs, LCSWs

\$600 for Training + \$25 Processing Fee if paying by credit card

REFRESH YOUR TECHNIQUE in EMDR PROTOCOLS AND LEARN NEW TOOLS FOR ATTACHMENT TRAUMA AND REPAIR.

Through lecture, hands-on practice, and demonstrations, we learn to:

- Apply EMDR with a wide range of diagnostic categories
- Apply techniques for case conceptualization and target development
- Use EMDR to treat Complex Trauma and Adults Abused as Children
- Apply techniques for working with Blocked Processing and Abreactions
- Practice an advanced use of Interweaves
- Use resource development for safety and to repair developmental deficits
- Identify client selection criteria for safe use of EMDR

COURSE Taught by: Constance Kaplan, LMFT, Parnell EMDR Institute Lead Instructor

"I have personally chosen and trained Constance Kaplan, LMFT as one of the first Parnell Institute trainers to teach for my institute. Connie is an excellent trainer bringing her many years of experience with EMDR and our attachment-focused approach, as well as her talent as a presenter to her trainings. I'm certain you will benefit greatly from Connie's wisdom, compassion and humor and learn to use EMDR with a range of clients with skill and understanding." - Laurel Parnell, Ph.D.

This training is limited to:

Mental Health Professionals who are licensed to provide treatment. The course is for those who have completed a Parnell Basic EMDR Training in the last 2 years with 10 hours of consultation with an approved Parnell Consultant or to Licensed Mental Health professionals who have completed an equivalent EMDR training.

There are Submission Requirements.

For Questions about this training

Contact: educcoord@ncamhp.org -- NCAMHP Education Coordinator -- 707-845-0610

PAYPAL PAYMENT CLICK LINK BELOW \$600 for Training + \$25 Processing Fee if paying by Credit Card

<http://ncamhp.org/payments.asp>

Required reading: Parnell, L., *A Therapist's Guide to EMDR: Tools and Techniques for Successful Treatment*. Shapiro, F., *Eye Movement Desensitization and Reprocessing*

Recommended reading: Parnell, L., *Attachment-focused EMDR: Healing Relational Trauma and Tapping In: A Step-by-step Guide to Activating Your Healing Resources through Bilateral Stimulation*.

In this comprehensive training, participants will learn how to use EMDR in clinical practice. This training includes lecture, small group practice, and demonstrations in a supportive environment. Because this course provides extensive time for practice, participants learn EMDR firsthand the power of this transformative therapy.

Constance Kaplan, LMFT, Parnell Institute Senior Instructor



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REGISTER NOW

About the Instructor

Constance Kaplan, LMFT is an EMDRIA Approved Consultant, Senior Trainer for the Parnell Institute and Co-Director of Training Trainers with Dr. Laurel Parnell at the Parnell Institute. With over 25 years of experience, she integrates Attachment-Focused EMDR, somatic modalities, and mindfulness work into a contemporary Object Relations practice designed to meet the needs of each individual client. Her work is assisted by a healing canine colleague. She provides individual and group consultation to therapists seeking EMDR Certification, Approved Consultancy and those completing their Basic Training 10 consultation hours. She is former founding President of the Board of the Trauma Resource Institute and former President of the Association for Psychoanalytic Thought of Southern California. She has served on various trauma relief teams, facilitated TRM trainings and provided onsite trainings to first responders and mental health professionals around the country.

CONSTANCE KAPLAN, MFT
EMDR BASIC TRAINING TESTIMONIALS Parts 1-3
(taken from anonymous course evaluations)

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SAN DIEGO, CALIFORNIA (Alliant International University)

“Connie is a wonderful trainer. I am in awe of how much information and understanding I received in these 2 weekend trainings. Connie’s way of bringing in knowledge and explanation with humor really makes this training enjoyable and interesting. Connie is a dynamic speaker and clearly has

amazing training and teaching skills. Thank you, Connie.

LOS ANGELES, CALIFORNIA (Alliant International University & Southern California Counseling Center)

“One of the finest workshops ever attended: Educational, Intelligent, Cohesive, Supportive, Nurturing, Warmth, Care, Relational!!!

“The weekend was full of great information. I really appreciated Connie’s sense of humor and lightheartedness. She is accessible and compassionate and brings a great understanding of EMDR to the learning process.”

“Connie is incredible! Inspiring, informative and fun. She truly made the information come alive and kept me interested and attentive the whole time. She held the group with support and boundaries. Loved it all.”

This training exceeded my expectations. The entire staff was amazing and Connie presented the information in a captivating way. I feel lucky to have done this training and look forward to learning more”.

“Informative, easy to follow. Connie is a wonderful trainer.”

“What a great training – packed with so much information about the art and skill of EMDR and Attachment work.”

“So, supportive, patient, wise and funny. I love your sense of humor. I loved this training. Your energy and knowledge are amazing.”

“Thank you, Connie. Loved your humor and humility and the team connection.” “Awesome training. I thoroughly enjoyed the information and feel adequately prepared.” “Loved the training!

“Excellent. Totally surpassed expectations which were already high.”

“Thank you for being so available. Your guidance is so heartfelt and feels so safe.”

“The training was perfect. Connie was very clear and the cases really helped me understand EMDR. I will tell my friends about the Parnell Institute and EMDR.”

“Connie is an excellent trainer.”

“Fantastic trainer. Connie was well versed in EMDR and explained things very clearly.”

“There were a few times Connie’s grace to the participants was exceptional. I really appreciate that great role modeling.”

“So, supportive and attentive.”

“Constance is fabulous! She has great knowledge and was able to track everyone’s needs and questions.”

“Connie was an excellent trainer – thorough, articulate and enthusiastic. She was inclusive, had an excellent sense of humor and answered questions in a sensitive manner. Thank you!”

“Great, Informative. Explained the info very well and made it relatable. I learned a lot and felt supported through the training.”

“Connie is a wonderful, wise and enthusiastic trainer. Her professionalism matched her wonderful, engaging presentation which she delivered with care and compassion”

“Connie is a fantastic teacher. She brings such rich experience to the training.”

“Amazing, knowledgeable, humorous and well attuned to her audience.”

“I loved this weekend and feel like I’m learning with more confidence and grounding in EMDR. I look forward to continuing to use these tools in my practice. Constance rocked it.”

“Fantastic – start to finish!”

“Wonderful, patient, compassionate, great teacher.” “Amazing expert. Thank you!”

“Awesome experience of learning. I learned so much.”

“Connie exceeded my expectations as a trainer and facilitator. I learned so much. I felt supported and appropriately challenged. She held the room beautifully and clearly knows her stuff. The material was so helpful. Great training. Thank you.”

“I love her passion and dedication.”

“Engaging energy, very knowledgeable.”

“Loved it! Felt safe and learned a lot.”

“Well presented, organized and supportive atmosphere.”

“This weekend felt great. I appreciated Connie’s encouragement and help while we practiced. So, supportive and positive.”

Very present, enthusiastic and involved. Also, very supportive and encouraging.”

[SAN FRANCISCO, CALIFORNIA \(Alliant International University\)](#)

“Connie was excellent! Such a gem. I loved her case presentations. She has such a caring and

warm demeanor. She's very charismatic. I would love to take another class from her."

"This is the best training I have ever taken."

"Thank you so much for your warmth, professionalism, skills, unconditional acceptance, sense of humor, compassion and humanity."

"Awesome training. Connie is so skilled. So, impressed."

"Warm, intelligent, wonderful trainer. Great time management. Would very happily take another course with Connie."

"Amazing trainer. Learning experience best of my life."

"Overall loved it. Clear, prepared, researched and so warm and considerate."

"I love the personal connection and clinical knowledge."

"Such a good experience. Learned a lot. Thank you."

"Amazingly attentive and helpful, responsive and energized. Wonderful use of case examples."

"I'm so excited about doing the is work. Constance has so much passion as well as expertise and both were transferred to us."

"I learned so much from Connie and it's so amazing to her style. I appreciate her warmth and flexibility."

"I really appreciate the excellent training and your personal, practical interventions."

"Warm, wonderful, intelligent, helpful."

"Great teaching style. Does a good balance of answering questions and staying on topic."

"I benefitted so much working with Connie. Her insight was exceptionally helpful."

She swooped in at the right time and every single drop of her feedback was magical."

"Amazing, informed, helpful and engaging."

"Connie is powerful, sure and supportive."

"Amazing training. Very inspirational."

Connie is warm and personable and so heartfelt and thoughtful about this work."

"Presenter was great! Real, kind. Knowledgeable."

SEATTLE, WASHINGTON

"Connie is an excellent teacher and trainer. She is empowering, kind, respectful, compassionate, brilliant and beautiful."

"Connie is excellent, encouraging, altogether helpful and wonderful."

“Thank you for your passion to teach us with excellence and grace. You were a gift to all of us.”

“Trainer was fantastic – super attuned to all of us which created the right atmosphere for feeling safe to do EMDR.”

“Connie was energetic and sensitive in the best of ways to the demands of the training. I felt well supported and educated.”

“I love the genuine compassion, insight and support.”

“The passion she has for this work is beautiful and inspiring.”

“Connie was fabulous – very knowledgeable and professional.”

“Loved her energy, passion, support and feedback.”

“Awesome.”

“Wonderful training.”

“Connie gets straight A’s.”

“Excellent.”

“Connie gave us a delightful learning experience.”

“Loved the passion, insight and care. Thank you.”

“Extremely helpful, informative, applicable information.”